

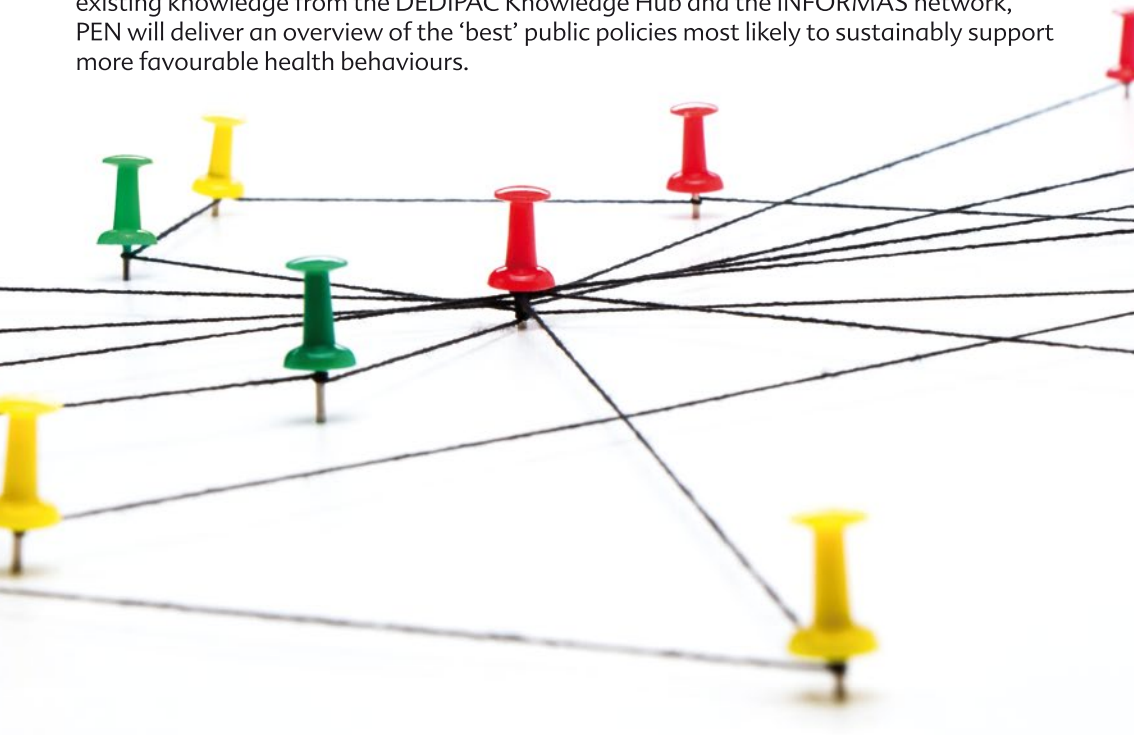
# ERA-HDHL non cofunded Joint Action: “Effectiveness of existing policies for lifestyle interventions. Policy Evaluation Network (PEN)”

PEN is the first additional non cofunded Joint Action within ERA-HDHL. It is related to the JPI HDHL strategic research area 1: “**Determinants of Diet and Physical Activity**” and it aims at establishing a multi-disciplinary research network for the monitoring, benchmarking and evaluation of policies that affect dietary and physical activity as well as sedentary behavior with a standardized approach across Europe. This joint Action is going to fund a multi-disciplinary research network, starting from November 2018 for three years.

**Policy Evaluation Network (PEN) on Public policies addressing health-related behaviours in Europe.**

## WHAT

PEN's vision is to provide Europe with tools to identify, evaluate and benchmark policies designed to directly or indirectly address physical inactivity (PA), unhealthy diets and sedentary behaviour (SB) while accounting for existing health inequalities. Building on existing knowledge from the DEDIPAC Knowledge Hub and the INFORMAS network, PEN will deliver an overview of the 'best' public policies most likely to sustainably support more favourable health behaviours.



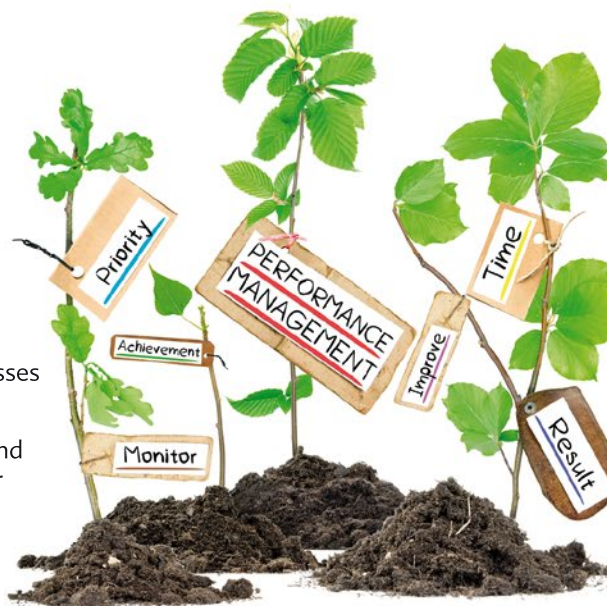
## WHO

PEN will bring together more than 60 researchers from 28 institutes in 7 European countries and New Zealand for establishing a multi-disciplinary research network, including representatives of World Health Organisation and INFORMAS (International Network for Food and Obesity / Non-communicable Diseases (NCDs) Research, Monitoring and Action Support, to interact with policy makers and renowned experts in policy development, implementation and evaluation.

## HOW

PEN will

- 1] assess public policies with potential influence on food and physical activity environments,
- 2] foster a pan-European monitoring and surveillance system,
- 3] model the impact of policies at the population level,
- 4] evaluate policy implementation processes and their facilitators and barriers, and
- 5] give recommendations for an equity and diversity perspective in policies directly or indirectly targeting dietary, PA or SB behaviours across Europe.



## WHEN

PEN runs for three years from November 2018 to November 2021.

## FUNDING

PEN receives approximately 4.5 Mio €.

More information: ERA-HDHL PEN Secretariat:  
DLR Project Management Agency, [nutrition-hdhl@dlr.de](mailto:nutrition-hdhl@dlr.de)



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